

## Health Services for people with Diabetes in Harvey & Yarloop

<b>Harvey Medical Centre</b> <b>Dr Wu, Dr Dyer</b> 44 Uduc Road ph 9729 1600	<b>Wellington Medical Centre</b> <b>Dr Yap, Dr Venter</b> 115 Uduc Road ph 9729 1064
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<p style="text-align: center;"><b>Diabetes Educator</b> <b>Annette Butcher</b></p> <p>Clinics held at Harvey Medical &amp; Wellington Medical on alternative Thursdays.</p>	<p style="text-align: center;"><b>Ophthalmology</b> <b>Drs Jackson, Heyworth, Chan</b></p> <p>GP Referral required. 115 Beach Rd, Bunbury Ph 9791 6633</p>	<p style="text-align: center;"><b>Pharmacy</b></p> <p>Chemmart Harvey pharmacist shortly to undertake accreditation to provide Home Medicines Review service.</p>
<p style="text-align: center;"><b>Podiatry</b> <b>Lynette Bartley</b></p> <p>Visits Harvey 1-2 times per month. Medicare Registered. Private appointments. Diabetic referrals through GP. Phone: 9791 1275</p>	<p style="text-align: center;"><b>Clinical Psychologist</b> <b>Joseph Presti</b></p> <p>Visits Harvey Medical every Friday. GP Referral required. Mental Health Care Plan required. Ph. 9534 2730</p>	<p style="text-align: center;"><b>Psychologist</b> <b>Lisa Palmer</b></p> <p>Visits Yarloop Community Health centre each Wednesday. GP referral required. Mental Health Care Plan required. Ph. 0401 577 973</p>

<b>Harvey &amp; Yarloop Community Health Services</b> Phone: 9782 2222    Fax: 9782 2290	
<p style="text-align: center;"><b>Physiotherapy</b></p> <p>Outpatients Service: Provides individual assessment and physiotherapy group or individual intervention for a variety of health conditions. Provides health, mobility and exercise advice including walking aid assessment and prescription.</p> <p>Community Service: Conducts exercise programs and provides information/presentations on physical activity, falls prevention and chronic health conditions.</p> <p>Phone: Bridie Ontronen ph 9782 2222</p>	<p style="text-align: center;"><b>Nutrition &amp; Dietetics</b></p> <p>Outpatient service provided weekly – by referral only.</p> <p>Type 1 diabetes – Individual appointments to support nutrition management.</p> <p>Type 2 diabetes – Group education session provides information on appropriate dietary management. Individual appointment provided upon successful completion of group education.</p> <p>Gestational diabetes – First appointment may be group or individual, providing education on appropriate dietary management. Individual follow-up appointments provided if needed.</p> <p>Phone: Narelle Norrish ph 9735 1449</p>
<p style="text-align: center;"><b>Podiatry</b></p> <p>Service : Provides a fortnightly podiatry service for Diabetic clients (by referral only).</p> <p>Phone: Heather Exeter ph 9735 1448</p>	<p style="text-align: center;"><b>Speech Pathology</b></p> <p>Community Service – Adults: Provide management for adults experiencing communication, voice and/or swallowing difficulties.</p> <p>Phone: Cheryl Malatynski 9795 2813</p>
For full service listing contact: Health Promotion Officer Phone: 9782 2350	

## HARVEY RECREATIONAL & CULTURAL CENTRE

Phone: 9729 3311

### **Living Longer, Living Stronger** (service provided by Harvey Physiotherapy)

Strength Training program for over 50s.  
Participants are assessed and programs set  
with the fitness instructor.

Assessment and referral by Community  
Health Physiotherapist ph 9782 2222

Twice per week, Mondays and Thursdays

### **Stay on Your Feet**

#### **(service provided by Harvey Physiotherapy)**

Program targeting over 50s to help maintain or  
improve general fitness, balance and co-  
ordination, strength and flexibility.

GP to complete medical form prior to  
commencement.

Assessment by Community Health Physiotherapy  
for new participants.

Held Fridays.

For more group and individual activities contact Harvey Recreational & Cultural Centre

## COMMUNITY AGENCIES & GROUPS

Silver Chain ph 1300 650 803

Harvey Australind Home & Community Care, Beecher Street, Harvey, ph 9782 4000

Harvey Carers Support Group

Harvey Districts Activities & Day Centre

Harvey Men's Shed Group

Harvey Family Support Program

Harvey Cancer Support Group

Senior Citizens Centre & Meals on Wheels ph 9729 1833

Walking Group: Monday 9am -10am starting from Harvey Recreational & Cultural Centre